## DOLWYDDFI AN FOOD CO-OP

The food co-op is a simple way of buying fresh fruit and vegetables at greatly reduced prices, whilst also supporting local business. Produce sold through the co-op comes directly from local suppliers such as farmers, retailers and wholesalers, who select fresh fruit and vegetables according to seasonality, availability and value.



## Myths and Legends of Dolwyddelan - Mural Project for Dolwyddelan Youth Club

Garth Thomas, Area Youth Work Practitioner for Conwy Youth Service, is currently applying for funding for a project for Dolwyddelan Youth Club. It is hoped that the funding will be secured in time for a summer holiday project for the youth club. The project is to design and create a mural of myths and legends of Dolwyddelan. Helen Hardy from Elen's Castle Hotel has been approached to assist the youth club with ideas for the mural. Although Helen has lots of ideas, if you would like to contribute any further ideas for consideration, please contact Helen directly before the end of June.