

## Snowdonia Massage Therapies

Alison Richmond MGHT

Therapydd teithiol

Ymgynghorydd annibynnol ar gyfer

Neal's Yard Remedies

Yn cynnig Triniaethau Tyllino a  
Therapi Cerrig Poeth yn eich cartref.

Hefyd triniaethau ategol gyda  
meddyginaethau organig ac arobryn Neal's  
Yard Remedies

**Am fwy o wybodaeth ffoniwch: 01690**

**750 222 Symudol: 07534 284 188**

Neal's Yard siop ar-lein

[www.uk.nyrganic.com/shop/alisonrichmond](http://www.uk.nyrganic.com/shop/alisonrichmond)

Gweplyfr/Facebook:

[www.facebook.com/alisonrichmondnealsyard](http://www.facebook.com/alisonrichmondnealsyard)

DOMESTIC & COMMERCIAL

1987-2008



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Gwasanaeth adeiladu gwefan  
fforddiadwy.

Yn fodlon dod i'ch cartref.

Cymorth lleol i roi eich cyfrifiadur  
ar waith a'i ddefnyddio.

macBear Design

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Dave Parry  
Handyman

02 Mees Y Braich  
Dolwyddelan  
Conwy

Odd Job Dave  
Painting/Decorating, Felt Roofing, Gutter/  
Window cleaning

Bodhi  
MOVEMENT

massage - soft tissue therapy - rehabilitation



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