

Snowdonia Massage Therapies

Alison Richmond MGHT
Mobile Therapist

Neal's Yard Remedies
Independent Consultant
Massage Treatments and
Hot Stone Therapy

Call: **01690 750 222**
Mob: **07534 284 188**

Visit my Neal's Yard shop:
www.uk.nyrorganic.com/shop/alison-richmond

Facebook: [alisonrichmondnealsyard](https://www.facebook.com/alisonrichmondnealsyard)
20% discount off all Massage Treatments
with this advert. Please quote - Menter
Siabod when booking, discount cannot be
used in conjunction with any other offer.



FELIN MEITHRINFA'R NURSERY
DOLWYDDELAN LL25 0EQ

01690 750 319
07880838556

Basgedi Crôg **Hanging Basket**
Planhigion I'r Ardd **Bedding Plants**
Planhigion Llysiau **Vegetable Plant**
Planhigion Ty **Pot Plants**
Compost




Bodywork & Movement Studio

The Studio, Royal Oak Stables,
Betws y Coed

Injury Assessment
Sports Massage
Movement Analysis
Yoga Classes

01690 359081
www.bodhi-movement.co.uk



Gwasanaeth adeiladu
gwefan fforddiadwy.

Cymorth lleol i roi eich cyfrifiadur
ar waith a'i ddefnyddio.

Yn fodlon dod i'ch cartref.

Affordable website building.

Local assistance in setting up
and using computers.

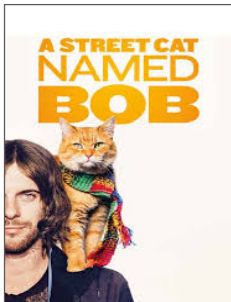
Home visits on request.

Tel: 07842 676870
Email: paul@macbear-design.com

Sinema'r Pentref 7.00yh

**Ystafell
Gwyddelan Suite**

Village Cinema 7.00pm



Mehefin 21 June

A stray ginger cat
changes the life of a
homeless London
street musician and
recovering drug
addict.



Gorffennaf 19 July

A headstrong Victorian
beauty has her choice of
three different suitors: a
sheep farmer, a dashing
soldier and a prosperous,
older bachelor.



Awst 16 August

A former Hollywood star
leaves her London retirement
home with a friend, to go to
her ex-lover's funeral in
France. Mishaps en route
make this trip unforgettable.
(A little male nudity).

Plas

PENAELDROCH

Manor

Fully licensed Cafe/restaurant

Teas and Coffees
Hot and cold snacks

Jane's baked goodies,
lovingly made on the premises

Saturday 5th August

Music, featuring Jabberwocky

7.30pm to 10.30pm-ish

Another chance to enjoy this great
band, and possibly even have a dance!

Tel: 01690 750316
email: office@penaeldroch.co.uk
Website: www.penaeldroch.co.uk
Facebook: @penaeldroch



**let's connect
electrical**

DOMESTIC & COMMERCIAL

Part P & BS7671 Compliant
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