

PUBLIC DEFIBRILLATORS IN DOLWYDDELAN



There are two public Defibrillators situated in Dolwyddelan, one **OUTSIDE THE SPAR SHOP**, and one **OPPOSITE BENAR TERRACE, PENTRE BONT**.

You may have read recently, about a good Samaritan not being able to get into the defibrillator box in Llanrwst because it was locked, and a code having to be obtained to get to the defibrillator. hence we thought it a good idea to explain the workings of the two boxes in our village.

OUR BOXES ARE NOT LOCKED, there are catches on the side to open them. Once you have taken the defibrillator to the patient, and you open the case, simple spoken instructions will be given automatically.

How to use a defibrillator . . .

- Defibrillators are very easy to use. Although they don't all look the same, they all function in broadly the same way. The machine gives clear spoken instructions. You don't need training to use one.
- If you come across someone who is not breathing or breathing erratically, the most important thing is to call 999 and start CPR to keep the blood flowing around the body. After a cardiac arrest, every minute without CPR and defibrillation reduces someone's chance of survival by 10 per cent.
- If you're on your own, don't interrupt the CPR to go and get a defibrillator. If it's possible, send someone else to fetch one.
- Once the defibrillator is open and in position, all you have to do is follow the spoken instructions. This will include attaching two sticky pads to the patients chest. Many defibrillators will also have diagrams, or a screen to help you. **The defibrillator detects the heart's rhythm, it won't deliver a shock unless one is needed.**
- Often you'll need to press the shock button although some fully automatic defibrillators will deliver the shock themselves. You should resume CPR as soon as instructed by the defibrillator.