

# MEITHRINFA'R FELIN NURSERY

Dolwyddelan  
01690 750 319  
07880 838 556



Basgedi Crôg Hanging Baskets  
Planhigion i'r Ardd Bedding plants  
Planhigion Llysiau Vegetable Plants  
Planhigion Ty House Plants  
Compost



Part P & BS7671 Compliant  
**Simon Wilkins**  
T: 01766 549188  
M: 07852 241238  
E: [simon@letsconnectelectrical.co.uk](mailto:simon@letsconnectelectrical.co.uk)

**let's connect  
electrical**

DOMESTIC & COMMERCIAL

## Snowdonia Massage Therapies

Alison Richmond MGHT  
Mobile Therapist

Neal's Yard Remedies  
Independent Consultant  
Massage Treatments and  
Hot Stone Therapy

Call: **01690 750 222**  
Mob: **07534 284 188**

Visit my Neal's Yard shop:  
[www.uk.nyrganic.com/shop/alison-richmond](http://www.uk.nyrganic.com/shop/alison-richmond)

Facebook: [alisonrichmondnealsyard](https://www.facebook.com/alisonrichmondnealsyard)  
**20% discount** off all Massage Treatments  
with this advert. Please quote - Menter  
Siabod when booking, discount cannot be  
used in conjunction with any other offer.



**Bodywork & Movement Studio**

The Studio, Royal Oak Stables,  
Betws y Coed

Injury Assessment  
Sports Massage  
Movement Analysis  
Yoga Classes

01690 359081  
[www.bodhi-movement.co.uk](http://www.bodhi-movement.co.uk)

**Sinema'r Pentref 7.00pm Village Cinema**

**Ystafell Gwyddelan Suite**

**Medi 19th  
September**



**Hydref 24th  
October**



**Tachwedd 21th  
November**



## GARY

## 'LOGS'

## EDWARDS

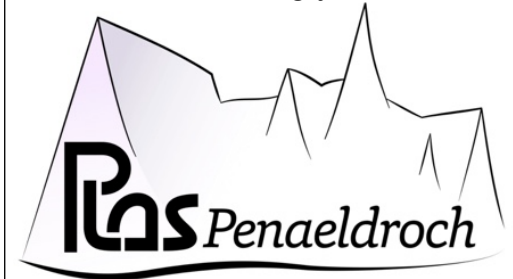
### LOGS and KINDLING

Small or large loads

**07718 505 093**



Mike, Carrie & Jane look forward to welcoming you to



## Café Restaurant

### Open Daily

For information follow us on Facebook  
**Plas Penaeldroch Manor**

Pont-y-Pant, Dolwyddelan  
LL25 0PJ Tel. 01690 750 316  
[www.penaeldroch.co.uk](http://www.penaeldroch.co.uk)