

## Snowdonia Massage Therapies

Alison Richmond MGHT  
Mobile Therapist

Neal's Yard Remedies  
Independent Consultant  
Massage Treatments and  
Hot Stone Therapy

Call: **01690 750 222**  
Mob: **07534 284 188**

Visit my Neal's Yard shop:  
[www.uk.nyrorganic.com/shop/alisonrichmond](http://www.uk.nyrorganic.com/shop/alisonrichmond)  
Facebook: alisonrichmondnealsyard  
**20% discount** off all Massage Treatments with this advert. Please quote - Menter Siabod when booking, discount cannot be used in conjunction with any other offer.



Part P & BS7671 Compliant  
**Simon Wilkins**  
T: 01766 549188  
M: 07852 241238  
E: [simon@letsconnectelectrical.co.uk](mailto:simon@letsconnectelectrical.co.uk)

**let's connect  
electrical**

DOMESTIC & COMMERCIAL

## Lloyd Brothers Coal Merchants

Blaenau Ffestiniog

Tel. 01766 830 459

Stockists of house coal and  
smokeless fuels, pre-pack or  
traditional sacks delivered to  
your household.



## Torchau Celyn Addurn Canol Bwrdd



**Holly Wreaths  
Table Centres**

**FELIN MEITHRINFAR NURSERY  
DOLWYDDELAN LL25 0EQ**

**01690 750 319**

## GARY 'LOGS' EDWARDS

**LOGS and KINDLING**

Small or large loads

**07718 505 093**



## Bodhi MOVEMENT

**Bodywork & Movement Studio**

The Studio, Royal Oak Stables,  
Betws y Coed

Injury Assessment  
Sports Massage  
Movement Analysis  
Yoga Classes

01690 359081

[www.bodhi-movement.co.uk](http://www.bodhi-movement.co.uk)

Mike, Carrie & Jane look forward to  
welcoming you to



## Café Restaurant Open Daily

For information find us on Facebook  
**Plas Penaelldroch Manor**

Pont-y-Pant, Dolwyddelan  
LL25 0PJ Tel. 01690 750 316  
[www.penaeldroch.co.uk](http://www.penaeldroch.co.uk)

## Christmas Dates at Y Gwydyr

- 1st** Free Jukebox and Free Pool from 9.00pm
- 8th** Local duo 'John and She' performing 9.00pm start
- 15th** Ladies Night Christmas Meal with Rogers Karaoke
- 24th Christmas Eve** - Christmas Jumper Night - Free Jukebox from 9.00pm
- 25th Christmas Day** - Open 12noon to 2.00pm - Last Orders 1.45pm
- 26th Boxing Day** - Buffet Served at 7.00pm - Free Jukebox
- 31st New Year's Eve** - Hollywood Glitz and Glamour Bash - Free Buffet to be served at 7.30pm - Rogers Karaoke 9.00pm start.

**Welcome in the New Year @ your local**