## 'Dolwyddelan Meals on Wheels'

Freshly prepared by the kitchen staff at Dolwyddelan School.

Available Tuesdays and Thursdays (in school term time). Thursday's meal is always a delicious 'Sunday Dinner.'

Meals include a filling main course, and a pudding.

The meals can be delivered, or if you prefer you can collect in person from the school.

Anyone who feels they would benefit from this service is eligible to order. Only £3.84 per meal

> To order, or for more information, please contact Ali on 07538525096

## SEREN **Seren Ffestiniog Cyf**

**Seren Ffestiniog** was established to support people with learning disabilities, thereby providing a community service. We continue to expand and grow significantly. Seren Ffestiniog is one of Wales' leading social enterprises. It was established in 1996 and the main aim of the company is to offer professional support to people with learning disabilities in south Gwynedd. Seren has a variety of projects around the local area, including -

- Furniture centers in Porthmadog and Blaenau Ffestiniog selling new and second hand furniture (we also collect donations of furniture for free).
- A craft center selling personal items and crafts.
- High street shop selling crafts, gifts and clothes.
- Therapeutic garden center, selling hanging baskets and firewood.
- Textile recycling center that collects unnecessary textiles. Our gift bins are located around Gwynedd or you can drop them at one of our furniture centers.
- We also have a shop selling second hand clothing to the public.

For more information please contact us on 01766 832 378, info@serencyf.org or visit our website www.serencyf.org