

Dolwyddelan Community Newsletter

Spring

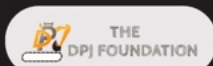
2024

MENTAL HEALTH SUPPORT

AVAILABLE
AR AGOR

24/7

CYMORTH IECHYD MEDDWL



Confidential support line Cyfrinachol:

0800 587 4262

Or text llinell testun Gyfrinachol:

07860 048799

THEDPJFOUNDATION.CO.UK



#SHARETHELOAD

#RHANNWCHYBAICH

share the load...

Supporting those in the agricultural sector with poor mental health by providing support, spreading awareness, whilst training those in farming to be aware of poor mental health and its impact within our communities.



To contact the Pavilion – 01690 750 490 (answerphone)
Or contact the following for a more immediate response –
Paul Donnelly 07534 120 193 Bob Valintine 01690 750 205
Teleri Jones 07776 192 297 Eunice Cawley 01690 750 268

mentersiabod@googlemail.com

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